

PK 50m bad: Session: 1: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 12:30 untill 13:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Meersschaut Evelyn

Coaches: Slos Robbie

Coaches: Blom Dieter

Coaches: Sys Justine HEADCOACH

Coaches: Huberty Maren

Coaches: De Backer Bart

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE WOMEN 11+

Heat:2, starttime: 13:33

Heat: 2/11 Lane : 3 Athlete: BRUNET MAXIME

Q-time: 01:56:12

PB (50m pool): 01:59.42 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:56.12 SB: no time

	50 M	100 M	
PB	00:57.96	01:59.42	
	00:57.96	01:01.46	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+

Heat:3, starttime: 13:35

Heat: 3/11 Lane : 8 Athlete: HERREGODS INE

Q-time: 01:54:00

PB (50m pool): no time PB (25m pool): 01:54.00 SB: no time

	50 M	100 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+

Heat:4, starttime: 13:38

Heat: 4/11 Lane : 1 Athlete: BAELE NORAH

Q-time: 01:45:24

PB (50m pool): 01:45.24 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:47.37 SB: no time

	50 M	100 M	
PB	00:52.41	01:45.24	
	00:52.41	00:52.83	
			

Coach feedback:

PK 50m bad: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 1: 100M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 13:40
Heat: 5/11 Lane : 1 Athlete: SUY NORA			Q-time: 01:42:06
PB (50m pool): 01:43.41 Antwerpen 20/07/2025			PB (25m pool): 01:42.06 SB: no time
	5 0 M	1 0 0 M	
PB	00:50.25	01:43.41	
	00:50.25	00:53.16	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 13:42
Heat: 6/11 Lane : 2 Athlete: DAEM HANNELISE			Q-time: 01:37:98
PB (50m pool): 01:44.11 Antwerp 02/02/2025			PB (25m pool): 01:37.98 SB: no time
	5 0 M	1 0 0 M	
PB	00:49.89	01:44.11	
	00:49.89	00:54.22	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 13:42
Heat: 6/11 Lane : 6 Athlete: NGABO ANNABELLE			Q-time: 01:36:69
PB (50m pool): 01:38.67 Antwerpen 13/07/2025			PB (25m pool): 01:36.69 SB: no time
	5 0 M	1 0 0 M	
PB	00:47.97	01:38.67	
	00:47.97	00:50.70	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 13:44
Heat: 7/11 Lane : 8 Athlete: VERBERT KAAT			Q-time: 01:34:92
PB (50m pool): 01:40.06 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:34.92 SB: no time
	5 0 M	1 0 0 M	
PB	00:47.20	01:40.06	
	00:47.20	00:52.86	
			

Coach feedback:

PK 50m bad: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 1: 100M BREASTSTROKE WOMEN 11+			Heat:9, starttime: 13:48
Heat: 9/11 Lane : 8 Athlete: DE BIE LIZE			Q-time: 01:30:82
PB (50m pool): 01:32.90 Antwerpen 20/07/2025			PB (25m pool): 01:30.82 SB: no time
	5 0 M	1 0 0 M	
PB	00:44.69	01:32.90	
	00:44.69	00:48.21	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+			Heat:11, starttime: 13:52
Heat: 11/11 Lane : 2 Athlete: DE SMAELE KENZA			Q-time: 01:21:55
PB (50m pool): 01:23.44 Olympic Pool Wezenberg, Antwer 30/07/2025			PB (25m pool): 01:21.55 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.40	01:23.44	
	00:38.40	00:45.04	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+			Heat:3, starttime: 13:59
Heat: 3/7 Lane : 4 Athlete: BECK STANN			Q-time: 01:25:17
PB (50m pool): 01:27.60 Antwerpen 20/07/2025			PB (25m pool): 01:25.17 SB: no time
	5 0 M	1 0 0 M	
PB	00:42.59	01:27.60	
	00:42.59	00:45.01	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+			Heat:6, starttime: 14:05
Heat: 6/7 Lane : 4 Athlete: VAN RAEMDONCK CAMU			Q-time: 01:12:89
PB (50m pool): 01:18.48 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:12.89 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.60	01:18.48	
	00:36.60	00:41.88	
			

Coach feedback:

PK 50m bad: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 100M BREASTSTROKE MEN 13+			Heat:7, starttime: 14:07
Heat: 7/7 Lane : 3 Athlete: VAN TRICHT FINN			Q-time: 01:09:23
PB (50m pool): 01:11.79 Antwerpen 21/07/2024			PB (25m pool): 01:09.23 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:11.79	
	no time		
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+			Heat:7, starttime: 14:07
Heat: 7/7 Lane : 6 Athlete: SLOS ROBBIE			Q-time: 01:11:43
PB (50m pool): 01:13.94 Antwerpen 20/04/2025			PB (25m pool): 01:11.20 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.67	01:13.94	
	00:34.67	00:39.27	
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 13+			Heat:2, starttime: 14:11
Heat: 2/7 Lane : 3 Athlete: DAEM HANNELISE			Q-time: 00:39:82
PB (50m pool): 00:40.24 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 00:39.82 SB: no time
	5 0 M		
PB	00:40.24		
	00:40.24		
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 13+			Heat:3, starttime: 14:12
Heat: 3/7 Lane : 1 Athlete: DE BACKER SOPHIE			Q-time: 00:38:24
PB (50m pool): 00:40.12 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 00:38.24 SB: no time
	5 0 M		
PB	00:40.12		
	00:40.12		
			

Coach feedback:

PK 50m bad: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 50M BACKSTROKE WOMEN 13+		Heat:3, starttime: 14:12
Heat: 3/7 Lane : 4 Athlete: BOGAERT HANNE		Q-time: 00:36:78
PB (50m pool): 00:36.78 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:37.22 SB: no time		
	5 0 M	
PB	00:36.78	
	00:36.78	
		

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 13+		Heat:3, starttime: 14:12
Heat: 3/7 Lane : 5 Athlete: DE ROYE YELENA		Q-time: 00:36:84
PB (50m pool): 00:36.84 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:37.97 SB: no time		
	5 0 M	
PB	00:36.84	
	00:36.84	
		

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 13+		Heat:4, starttime: 14:14
Heat: 4/7 Lane : 6 Athlete: BEULENS LOTTE		Q-time: 00:35:72
PB (50m pool): 00:37.12 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:35.72 SB: no time		
	5 0 M	
PB	00:37.12	
	00:37.12	
		

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 13+		Heat:4, starttime: 14:14
Heat: 4/7 Lane : 8 Athlete: STORME IEME		Q-time: 00:36:50
PB (50m pool): 00:37.50 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:36.50 SB: no time		
	5 0 M	
PB	00:37.50	
	00:37.50	
		

Coach feedback:

PK 50m bad: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 50M BACKSTROKE WOMEN 13+			Heat:6, starttime: 14:17
Heat: 6/7 Lane : 2 Athlete: CANTRé EMILIE			Q-time: 00:34:14
PB (50m pool): 00:35.62 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:34.14 SB: no time			
	5 0 M		
PB	00:35.62		
	00:35.62		
			

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 13+			Heat:3, starttime: 14:24
Heat: 3/5 Lane : 7 Athlete: UVYN MAXIM			Q-time: 00:35:55
PB (50m pool): 00:36.66 Antwerpen 13/07/2025 PB (25m pool): 00:35.55 SB: no time			
	5 0 M		
PB	00:36.66		
	00:36.66		
			

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 13+			Heat:4, starttime: 14:25
Heat: 4/5 Lane : 6 Athlete: LIEVENS TIEBE			Q-time: 00:33:09
PB (50m pool): 00:34.15 Olympic Pool Wezenberg, Antwer 30/07/2025 PB (25m pool): 00:33.09 SB: no time			
	5 0 M		
PB	00:34.15		
	00:34.15		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+			Heat:4, starttime: 14:33
Heat: 4/12 Lane : 1 Athlete: HERREGODS INE			Q-time: 00:49:58
PB (50m pool): no time PB (25m pool): 00:49.58 SB: no time			
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

PK 50m bad: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:5, starttime: 14:34
Heat: 5/12 Lane : 8 Athlete: BRUNET MAXIME		Q-time: 00:45:50
PB (50m pool): no time		PB (25m pool): 00:45.50 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:6, starttime: 14:35
Heat: 6/12 Lane : 1 Athlete: DE BIE LIZE		Q-time: 00:41:14
PB (50m pool): 00:44.86 Antwerp 26/01/2025		PB (25m pool): 00:41.14 SB: no time
	5 0 M	
PB	00:44.86	
	00:44.86	
		

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:6, starttime: 14:35
Heat: 6/12 Lane : 7 Athlete: BAELE NORAH		Q-time: 00:41:04
PB (50m pool): no time		PB (25m pool): 00:41.04 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:7, starttime: 14:36
Heat: 7/12 Lane : 1 Athlete: NGABO ANNABELLE		Q-time: 00:39:58
PB (50m pool): 00:42.64 Antwerp 02/02/2025		PB (25m pool): 00:39.58 SB: no time
	5 0 M	
PB	00:42.64	
	00:42.64	
		

Coach feedback:

PK 50m bad: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:8, starttime: 14:38
Heat: 8/12	Lane : 4	Athlete: DE ROYE YELENA
PB (50m pool): 00:36.67 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:49.29 SB: no time
	5 0 M	
PB	00:36.67	
	00:36.67	
		

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:8, starttime: 14:38
Heat: 8/12	Lane : 7	Athlete: SUY NORA
PB (50m pool): 00:48.40 Antwerp 02/02/2025		PB (25m pool): 00:37.57 SB: no time
	5 0 M	
PB	00:48.40	
	00:48.40	
		

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:8, starttime: 14:38
Heat: 8/12	Lane : 8	Athlete: VERBERT KAAT
PB (50m pool): no time		PB (25m pool): 00:38.27 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:9, starttime: 14:39
Heat: 9/12	Lane : 8	Athlete: DE SMAELE KENZA
PB (50m pool): 00:35.99 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:35.89 SB: no time
	5 0 M	
PB	00:35.99	
	00:35.99	
		

Coach feedback:

PK 50m bad: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:1, starttime: 14:44
Heat: 1/7 Lane : 3 Athlete: TRIEST JULES		Q-time: 00:44:61
PB (50m pool): no time PB (25m pool): 00:44.61 SB: no time		
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:5, starttime: 14:48
Heat: 5/7 Lane : 2 Athlete: VANNIEUWENHUYSE LOïc		Q-time: 00:30:93
PB (50m pool): 00:31.41 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:30.93 SB: no time		
	5 0 M	
PB	00:31.41	
	00:31.41	
		

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:5, starttime: 14:48
Heat: 5/7 Lane : 3 Athlete: DE BIE DAAN		Q-time: 00:30:27
PB (50m pool): 00:30.69 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:30.27 SB: no time		
	5 0 M	
PB	00:30.69	
	00:30.69	
		

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:6, starttime: 14:49
Heat: 6/7 Lane : 5 Athlete: VERHEYDEN VINZ		Q-time: 00:28:74
PB (50m pool): 00:29.87 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:28.74 SB: no time		
	5 0 M	
PB	00:29.87	
	00:29.87	
		

Coach feedback:

PK 50m bad: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 7: 400M FREESTYLE WOMEN 13+							Heat:2, starttime: 14:59	
Heat: 2/6 Lane : 1 Athlete: DE BACKER SOPHIE							Q-time: 05:59:14	
PB (50m pool): no time			PB (25m pool): 05:59.14SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 13+							Heat:3, starttime: 15:06	
Heat: 3/6 Lane : 4 Athlete: STORME IEME							Q-time: 05:17:52	
PB (50m pool): 05:37.01 Antwerpen 14/07/2024				PB (25m pool): 05:17.52SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	05:37.01
	no time							
								

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 13+							Heat:3, starttime: 15:06	
Heat: 3/6 Lane : 6 Athlete: CANTRé EMILIE							Q-time: 05:21:33	
PB (50m pool): 05:38.04 WACHTEBEKE 19/01/2025				PB (25m pool): 05:19.69SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:16.83	no time	02:43.04	no time	no time	no time	05:38.04
	no time							
								

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 13+							Heat:4, starttime: 15:11	
Heat: 4/6 Lane : 3 Athlete: BEULENS LOTTE							Q-time: 05:11:32	
PB (50m pool): 05:15.68 Antwerpen 20/07/2025				PB (25m pool): 05:11.32 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:35.53	01:14.69	01:54.58	02:35.87	03:16.83	03:57.01	04:37.75	05:15.68
	00:35.53	00:39.16	00:39.89	00:41.29	00:40.96	00:40.18	00:40.74	00:37.93
								

Coach feedback:

PK 50m bad: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 7: 400M FREESTYLE WOMEN 13+							Heat:4, starttime: 15:11	
Heat: 4/6 Lane : 7 Athlete: BOGAERT HANNE							Q-time: 05:13:76	
PB (50m pool): 05:21.91 Antwerpen 20/07/2025				PB (25m pool): 05:13.76SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:36.82	01:17.48	01:58.78	02:40.49	03:21.35	04:03.33	04:43.82	05:21.91
	00:36.82	00:40.66	00:41.30	00:41.71	00:40.86	00:41.98	00:40.49	00:38.09
								

Coach feedback:

Event number: 8: 400M FREESTYLE MEN 13+							Heat:2, starttime: 15:35	
Heat: 2/6 Lane : 3 Athlete: BECK STANN							Q-time: 05:12:72	
PB (50m pool): 05:20.58 Antwerpen 20/07/2025				PB (25m pool): 05:12.72SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:36.28	01:16.63	01:57.67	02:38.63	03:20.39	04:01.85	04:42.41	05:20.58
	00:36.28	00:40.35	00:41.04	00:40.96	00:41.76	00:41.46	00:40.56	00:38.17
								

Coach feedback:

Event number: 8: 400M FREESTYLE MEN 13+							Heat:3, starttime: 15:41	
Heat: 3/6 Lane : 1 Athlete: UVYN MAXIM							Q-time: 05:02:19	
PB (50m pool): no time			PB (25m pool): 05:02.19SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Event number: 8: 400M FREESTYLE MEN 13+							Heat:4, starttime: 15:46	
Heat: 4/6 Lane : 6 Athlete: VANNIEUWENHUYSE LOÏC							Q-time: 04:51:20	
PB (50m pool): 04:57.08 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 04:46.69SB: no time								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.95	01:08.14	01:46.71	02:25.36	03:03.87	03:42.30	04:20.60	04:57.08
	00:31.95	00:36.19	00:38.57	00:38.65	00:38.51	00:38.43	00:38.30	00:36.48
								

Coach feedback:

PK 50m bad: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 8: 400M FREESTYLE MEN 13+							Heat:5, starttime: 15:52	
Heat: 5/6 Lane : 2 Athlete: DE BIE DAAN							Q-time: 04:37:79	
PB (50m pool): 04:44.18 Antwerpen 20/07/2025							PB (25m pool): 04:37.79 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.28	01:06.23	01:42.52	02:18.40	02:55.64	03:31.89	04:08.49	04:44.18
	00:31.28	00:34.95	00:36.29	00:35.88	00:37.24	00:36.25	00:36.60	00:35.69
								

Coach feedback:

Event number: 8: 400M FREESTYLE MEN 13+							Heat:5, starttime: 15:52	
Heat: 5/6 Lane : 5 Athlete: LIEVENS TIEBE							Q-time: 04:32:41	
PB (50m pool): 04:47.94 Zwembad Brigitte Becue 30/05/2025							PB (25m pool): 04:32.41 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.82	01:08.90	01:46.05	02:23.21	03:00.32	03:37.55	04:13.58	04:47.94
	00:31.82	00:37.08	00:37.15	00:37.16	00:37.11	00:37.23	00:36.03	00:34.36
								

Coach feedback:

Event number: 8: 400M FREESTYLE MEN 13+							Heat:6, starttime: 15:57	
Heat: 6/6 Lane : 1 Athlete: VAN TRICHT FINN							Q-time: 04:27:46	
PB (50m pool): 04:55.45 Antwerp 28/01/2024							PB (25m pool): 04:27.46 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	04:55.45
	no time							
								

Coach feedback:

Event number: 8: 400M FREESTYLE MEN 13+							Heat:6, starttime: 15:57	
Heat: 6/6 Lane : 3 Athlete: VERHEYDEN VINZ							Q-time: 04:22:99	
PB (50m pool): 04:31.52 Antwerpen 27/07/2025							PB (25m pool): 04:22.99 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:30.53	01:03.94	01:38.28	02:12.82	02:48.06	03:23.29	03:58.48	04:31.52
	00:30.53	00:33.41	00:34.34	00:34.54	00:35.24	00:35.23	00:35.19	00:33.04
								

Coach feedback:

PK 50m bad: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 8: 400M FREESTYLE MEN 13+							Heat:6, starttime: 15:57	
Heat: 6/6 Lane : 7 Athlete: VAN RAEMDONCK CAMU							Q-time: 04:25:75	
PB (50m pool): 04:33.67 Antwerpen 27/07/2025				PB (25m pool): 04:25.75 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.69	01:05.75	01:40.24	02:14.89	02:50.07	03:25.38	04:00.09	04:33.67
	00:31.69	00:34.06	00:34.49	00:34.65	00:35.18	00:35.31	00:34.71	00:33.58
								

Coach feedback:

Event number: 9: 4x100M MEDLEY WOMEN 11+							Heat:2, starttime: 16:09	
Heat: 2/2 Lane : 3 Athlete: TEAM FIRST 1							Q-time: 05:06:94	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: